

## The “Bleisure” List: A Guide to Canary Wharf for The Inventive Class

It’s easy to become all-consumed with work when you’re away on business. But the Inventive Class knows how to seamlessly integrate all aspects of their life. If you’re staying in the Canary Wharf or the London Docklands area, this list can help you maintain that “bleisure” balance:

- 1) **MBNA Thames Clippers** – Why order a taxi when you can travel by boat? Soak up the sights of London between the Docklands and Westminster from a new, hassle-free perspective
- 2) **Sherlock Unlock** – Nestled in South Quay, this live escape game provides a unique opportunity for team-building, business bonding and friendly competition!
- 3) **Crossrail Place Roof Garden** – For those days when work is particularly stressful, try visiting this oasis of calm surrounded by greenery and stunning city views
- 4) **Everyman Cinema** - Managed to score some time off? Catch the latest film releases at this cinema featuring luxury sofa-style seating and even footrests!
- 5) **Museum of London Docklands** – A fascinating insight into the history of the Docklands, this free museum is a stimulating way to kill time between meetings in London’s East End
- 6) **G&Tea Lounge** – An informal yet intimate lounge/bar in West India Quay. An ideal setting for a casual business meeting by day, and in which to unwind with an artful cocktail or over 180 types of gin by night
- 7) **Up at The O2** – We all know The O2 – but did you know you can climb its exterior? It’s an exhilarating undertaking for those who are travelling with their family or as a team-building activity
- 8) **Canary Wharf Shopping** – There’s no need to head to Westfield; Canary Wharf has a myriad of shops from where you can pick up a gift for your family from your travels
- 9) **Cutty Sark** – Meet the crew, steer the ship and discover the drama of life at sea on this celebrated historic sailing ship which was the fastest of its time! One of the last tea clippers to be built
- 10) **Greenwich Park** – Leave everything behind and unwind in one of the largest single green spaces in south-east London.



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