



heavenly
BY WESTIN spa

Awaken Your Senses

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HEAVENLY SPA SIGNATURES PACKAGES

The exotic island of Phuket has been a place where wellness seekers have gravitated to and resonated for a long time. Heavenly Spa helps unfold the magic in the ambience of its sanctuary surroundings.

150 MINUTES

HOPE

Skin is smoothed, muscles released and thoughts uplifted with an aromatic scrub and relaxing signature massage.

- Thai Herbal Steam
- Aromatic Milky Bath
- Exfoliating Body Scrub
- Heavenly Spa Signature Massage

WISH

Pamper your skin, body and scalp with uplifting, aromatic treatments that restore a sense of balance and well-being.

- Thai Herbal Steam
- Exfoliating Body Scrub
- Aspire Massage

DREAM

Surrender to the healing touch of a massage, followed by a soothing, aromatic facial that elevates the mood.

- Thai ancient herbal Bath
- Heavenly Spa Signature Massage
- Thai Ancient facial

Bath

Water is one of the purest and most vital essences of life, as well as the base element of all spa experiences. Indulge in one of our water- based rituals as an ideal prelude to any of our sensual body treatments.

ANTI – STRESS AROMATIC MILK BATH Destress

Free yourself from unwanted worries and recharge with our Anti- Stress Aromatic Milk Bath Oil. Feel a new and centered lightness of being with our specially chosen mix of soothing herbaceous notes of Lavender and Clay Sage, uplifting and revitalizing Peppermint and Spearmint, balancing Vetiver and more nourishing Sweet Almond and Jojoba ensure your skin retains precious moisture and is silky smooth to the touch.

ANTI – OXIDANTS GREEN TEA MILK BATH Detox

Experience ultimate rejuvenation and relaxation with our Anti-Oxidant Green tea Milk Bath Oil. Calming the senses with its aroma alone, Green Tea's rich anti-oxidant and anti-inflammatory properties also ensure long-lasting youthfulness. Nourishing Sweet Almond and jojoba keep your skin well-moisturized.

Take Time For Yourself

HEAVENLY SPA SIGNATURE MESSAGE

A heated compress invites back muscles to relax before a Swedish massage leaves you feeling physically rested and mentally uplifted.

80 MINUTES

ASPIRE MESSAGE

Natural aromatherapy oils and diverse massage techniques are customized to answer one simple Question : How do you want to feel?

50 / 80 MINUTES

AROMA STONE MESSAGE

Healing through heat is one of the most nurturing ways to experience deep calmness. The sensation of warmed stones smoothed across your body seems to effortlessly melt away any tension held in the body. Lasting benefits include improved sleep, circulation, and relaxation.

80 MINUTES

FOUR HANDS SYNCHRONIZE MESSAGE

Two therapists work in a harmonious rhythm to create body and mind harmony. Recommended for those experiencing fatigue, sleeping difficulties, anxiousness and stress. Benefits include deep relaxation and improved well being.

80 MINUTES

DEEP TISSUE MESSAGE

Using Swedish massage techniques and direct pressure, deep tissue massage can be customized to target problem areas, ease stress and muscle pain, and increase circulation. An ideal massage to help release chronic muscle tension for the active individual and those who place strenuous demands in their bodies.

50 / 80 MINUTES

ORIENTAL MESSAGE

This massage frees the body from all its tensions by working the muscles and skin with agile, graceful strokes, very gentle and comforting movements. The kneading, treading and smoothing movements leave the body feeling calm and relaxed.

50 MINUTES

FOOT PRESSURE POINT MESSAGE

Acupressure stimulates reflexes via nerve endings in the feet, which correspond to different areas of the body. As an alternative to traditional massage, this therapy helps boost have the immune system and guides the body to a more balanced state of equilibrium.

50 MINUTES

Take Time For Yourself

THAI AROMA DESTRESS MASSAGE

Thai aroma massage blends East and West techniques. Thai – style deep massage with yoga stretching is combined with sophisticated western – style Swedish massage. The client is undressed for this massage (proper draping ensured) with the therapist applying aromatic organic massage oil. This type of massage slowly takes away the strain of the daily grind, revitalizes your energy and leaves you feeling totally relaxed and peaceful.

50 / 80 MINUTES

AYURVEDIC MASSAGE

Deep and powerful, this treatment works intensely on muscle tissue with a variety of movements which are both invigorating and stimulating. Through the careful application of pressures, sustained strokes, tapping and stretching, the skin and muscles are warmed while the mind and body become relaxed.

50 MINUTES

TRADITIONAL THAI MASSAGE

This ancient form of Thai bodywork incorporates gentle yoga-style stretches and guided breathing, with choreographed movements to attain fluidity and balance of motion. Thai Massage (Nuad – Thai) techniques sends energy freely along the Zen pathways energy meridians) aligning, balancing and allowing the free flow of energy throughout the body. Excellent therapy if you are feeling tired, stressed and need energy to boost the mind, body and spirit. A comfortable top and traditional Thai fisherman's pants are provided for you to wear.

50 / 80 MINUTES

SHIRODHARA

Essentially the pouring of warm medicated oil over the “third eye” chakra, this treatment feels like heaven for anyone in search for tranquility. Translated as “shiro” (Head) and “dhara” (flow) this is traditionally given to calm the nervous system and is recommended for reducing insomnia, stress and fatigue. A perfect complement to the Ayurvedic Massage.

50 MINUTES

THAI MASSAGE WITH HERBAL COMPRESS

The treatment combines eastern massage techniques with light pressure patting, rolling, kneading and gentle but deeply effective massage. The heat from the compress carries the herbal essences and the essential oils deep into the skin, underlying tissues and organs. The treatment brings about a deep sensation of comfort and warmth, the compresses are soaked and then steamed to provide a deep penetrating warmth whilst stimulating the body to detoxify and heal itself.

80 / 110 MINUTES

Body Treatments

BODY SCRUB

Exfoliation is recommended as an ideal pre-treatment service in order to maximize body treatment results and can enhance and prolong your healthy holiday tan.

AROMA SALT GLOW SCRUB

(All skin type – Skin-soothing)

Restore skin's radiant glow with an exfoliating sea salt enriched with Ylang Ylang and lavender. As these delightful aromas entice your senses, the body is gently polished, rendering skin silky-smooth and mineralized.

45 MINUTES

HEALING TURMERIC BODY SCRUB

(All skin type - Brightens the skin)

Set aside the old you and shine forth with our Healing Turmeric Body Scrub. Balancing and relaxing, antibacterial Turmeric also heals, soothes and brightens the skin. AHA-rich Tropical Fruit extracts gift natural refinement and flawlessness for a complete revival of your self.

45 MINUTES

ANTI – OXIDANT GREEN TEA BODY SCRUB

(All skin type - Anti-oxidants)

Defy the harbingers of age with our Anti-Oxidant Green Tea Body Scrub! Rich in anti-oxidants that protect your complexion from signs of aging, Green Tea also calms with its gentle aroma. Apricot Seed Powder gently exfoliates your skin, allowing the brightening power of fresh Tropical Fruit Extracts to unfold. Shea Butter and Olive keep your skin smooth and supple.

45 MINUTES

Body Wraps

Alternative therapies offer experiential adventures that are as beneficial as they are unique. Enhance your body's natural abilities to restore itself.

POST – SUN SOOTHING COCOON

(Sunburn, excessive Sun exposure)

Immediately relieve your sun damaged or sun sensitive skin with this soothing wrap. Cooling and desensitizing Water Lily, Green Tea, and Chamomile, relieve the discomfort of over exposed skin. Alleviating your skin's burning and stinging sensation, this treatment heals, desensitizes and decreases skin temperature.

50 MINUTES

AROMATIC MOOR MUD WRAP

(Healing, toning and rejuvenating)

A warm Aromatic Moor Mud rich in natural Vitamins, minerals and enzymes, is generously applied to your entire body. Sore muscles, aches and pains are alleviated and decreases skin temperature.

50 MINUTES

Skin Care

Taking into consideration the most appropriate and ultimate treatment suitable for your skincare needs, let our highly trained therapists perform a regimen, using products specially customized to soothe and treat your skin. Leaving the complexion clear, purified and renewed.

PURITY FACIAL

Deep Cleansing / All skin types

The ultimate in professional, luxury skincare, our signature facial treatment is customized for your individual skincare needs.

The treatment begins with a warm aroma infused steamed towel to cleanse your skin and an exfoliation which is followed by another cleanse to ensure that your skin is properly prepared for the treatment. Ease into deep relaxation as your therapist massages your face, neck, shoulders, arms and hands, so you feel truly 'in heaven' by the time your therapist applies your expertly prepared facial mask.

RENEWAL FACIAL

Dry to Sensitive Skin

A perfect balancing facial with a mask treatment that optimizes your skin's health and radiance with a mask treatment that specially address your skin type. The Pevonia essential mask series provides the perfect mask to suit your skin. Your skin is purified wonderfully smooth and rejuvenated.

LIFT CUTOX ANTI-AGING FACIAL

For Lifting & Wrinkle

Pevonia Exclusive, Anti-aging Freeze-dried Treatment. This is a blend of Pevonia Escutox, patented blend of oligosaccharides, pure French seaweed extract, phyto-squalene and Elastin Marine Elastin Peptides. This treatment specifically targets lifting and removing wrinkles to make your skin look youthful.

GENTLEMEN'S FACIAL

For Men / All skin type

Completely customized care for men that leaves the face thoroughly cleansed, deeply hydrated and protected.

Nail Care

Providing specialty manicures & pedicure cleanses, trims, filing to create the nails you require. Just sit back and relax

FOR HER

Manicure for Her (with nail Polish)
Pedicure for Her (with nail Polish)
Combo - Pedicure & Manicure for HER
Re - Polish (Hand or Foot)

FOR HIM

Manicure for Him
Pedicure for Him
Combo - Pedicure & Manicure for HIM

General Spa Guidelines

All prices are in Thai baht and are subject to 17.7% service charge and prevailing government tax. Treatments and prices are subject to change without prior notice.

EXPERIENCE

The following information is provided to assist you in creating the perfect Heavenly Spa Phuket experience

Guests of Westin Heavenly Spa Phuket must be at least 16 years of age for the use of the locker rooms, fitness facilities and spa treatments. Salon treatments are available for guests under 16 with parental supervision.

- The Westin Heavenly Spa Phuket is a non-smoking environment.
- For the courtesy of our guests, mobile phone use is prohibited within the spa premises. We kindly request that all calls are concluded and cellular devices turned off prior to entering the locker rooms, fitness and treatment areas.
- We request that all valuables are stored in your room or locker provided for you at the time of your service. The Westin Siray Bay Resort & Spa Phuket and the Heavenly Spa Phuket is not responsible for lost, stolen or misplaced items.

RESERVATIONS

To ensure your preferred treatment or therapist is available, we encourage our guests to schedule their appointments in advance preferably five to seven days ahead. Bookings made on the day of service and walk-in appointments are always welcome, based upon availability. To schedule your appointment(s), hotel in-house guests should call Service Express.

ARRIVAL AND CHECK IN PROCEDURE

For the optimal Heavenly Spa Phuket experience, we recommend that you arrive at least 30 minutes before your scheduled appointment time so that you may relax and allow yourself ample time to wear your robe and slippers and enjoy your luxurious amenities such as steam, sauna. We recommend showering prior to your appointment in order to receive full treatment benefit.

CANCELLATION POLICY

We value your business and appreciate your cooperation with our cancellation policy. Please respect our scheduling by keeping appointments if possible and providing a minimum of 4 hours notice when canceling or rescheduling appointments. Because your services are guaranteed reservations reserved for you, 100% payment is required for the following conditions:

- Less than 4-hours notifications to cancel or reschedule an appointment
- No-show or missed appointments.

GRATUITIES

Gratuities should reflect your level of satisfaction with our services and your personal providers, therefore all gratuities are left solely at your discretion.

General Spa Guidelines

HEAVENLY SPA ACCESSORIES

A tempting array of personal and distinctive gift accessories awaits you when you take a captivating stroll through Heavenly Spa Phuket. Take your spa experience home with a selection of characteristic items such as body products and unique gifts from the Island. Share the experience with someone special with our custom made gift baskets and spa packaging. For more information regarding, gift purchase and shipping information. Please contact the Heavenly Spa.

TAKE TIME FOR UNWINDING RITUAL

Give yourself plenty of time so you can enjoy the steam or sauna to relax and warm the muscles, which will aid in the therapeutic benefits of all of our treatments and service.

SHOWER

A quick shower just before your massage or treatment is relaxing and washes off any salts, minerals or chemicals that could clog pores when mixed with oils or other treatment products. Your therapist will pick you up from the Relax Lounge.

TREATMENT ATTIRE

Unless the service description specifies otherwise, it is customary to wear just your robe to your service. You will be given the opportunity to disrobe and cover yourself in privacy. Throughout your services, your body will be draped with linens for modesty.

COMMUNICATE

Prior to the commencement of your treatment, kindly let your therapist know any areas you would like to focus on and area to be avoided. During your service, let the therapist know if you feel any discomfort. Communication is the key to getting what you want out of your Heavenly Spa Phuket experience. Keep in mind that bodywork is similar to exercise in that lactic acid and other toxins released from the muscles may cause some soreness for up to a few days. It is important to avoid alcohol and drink plenty of water after a treatment to hydrate the body and mind.

HOURS OF OPERATION

Open daily from 10:00 a.m. – 10: 00 p.m.

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