

# THE SPA

MARRIOTT RESORT  
PHUKET  
MERLIN BEACH



SAWASDEE

# WELCOME TO THE SPA

The Spa at Phuket Marriott Resort & Spa, Merlin Beach is an oasis of restoration and renewal. It is located miles away from the bustling city and welcomes guests to a destination of respite inspired by modern Thai décor and unique signature treatments.

Revitalization is the heart of The Spa's immersion. Take a regenerating journey of treatments, massages, facials, baths or scrubs using the finest ingredients.

The Spa's exclusive treatment options include an infusion of modern and traditional techniques to take guests on an astonishing experience.

A blurred background featuring various spa-related items: a white ceramic bowl, a wooden bowl filled with coarse salt crystals, a wooden spoon, and some green herbs. The overall tone is soft and natural.

# SPA JOURNEY

## **WHY SHOULD I VISIT THE SPA?**

The Spa Experience is your time to relax, reflect, revitalize and rejoice. We offer you an escape that incorporates natural healing properties used in Thai health and beauty rituals.

## **I'VE NEVER BEEN TO A SPA BEFORE. CAN SOMEONE HELP ME CHOOSE THE MOST APPROPRIATE TREATMENT?**

Our team of Spa experts are available to discuss a range of treatments with you. We help you meet health and wellness objectives whether it be to detox, energize, improve skin clarity or relaxation.

## **DO I NEED TO SCHEDULE?**

We highly recommend you book your treatment in advance to secure your preferred day and time. This can be done in person, over the phone or email.

## **WHAT IF I HAVE SPECIAL HEALTH CONSIDERATIONS?**

Please notify our concierge and the spa therapist when booking your treatments if you have high blood pressure, allergies, physical ailments, disabilities or if you are pregnant.

## **WHAT DO I WEAR AT THE SPA?**

Guests can wear whatever they feel comfortable in. A bathroom and underwear is provided in your treatment room.

## **PAYMENT**

The Spa accepts all major credit cards and cash. The hotel guest may also have Spa services charge to their room.

## **CANCELLATION POLICY**

A 24-hour cancellation notice is required to help us reschedule your appointment (subject to availability). Any cancellations with less than four hours' notice will incur a 50 percent cancellation fee. A full fee will be imposed to a "no show." All packages and products are non-refundable.



## FULL BODY MASSAGE

**Heavenly Signature Massage** 60 Minutes THB 1,800++

90 Minutes THB 2,100++

This signature treatment uniquely incorporates a butterfly's flying movement. The therapist uses firming, pressure and integrated relaxation techniques to energize guests and make them feel lively after a stressful day. The massage releases soothes the nerves, alleviates body tension and broadens the spirit through five essential ingredients extracted from aromatic Thai flower oil.

**Hot Stone Massage** 90 Minutes THB 2,100++

This deluxe massage combines natural volcanic basalt stones with Swedish massage techniques to relax the whole body. The therapist's movements loosens the muscles and releases stress to instill a deep sense of relaxation, balance and stimulates energy flow.

**Sport Massage** 60 Minutes THB 1,500++

90 Minutes THB 1,875++

This unique deep tissue massage is designed to relieve sore muscles and bring the guest back to a more energetic state.

All prices are subject to 10% Service charge and 7% VAT

**Detoxifying Massage**                      **60 Minutes**    **THB 1,500++**

**90 Minutes**    **THB 1,875++**

This massage is adapted from the technique of “body venation.” It activates the lymphatic system through soothing movements which alleviates fatigue, reduces fluid retention and restores skin vitality.

**Thai Herbal Compress**                      **60 Minutes**    **THB 1,500++**

**90 Minutes**    **THB 1,875++**

This unique treatment combines two massage styles: Thai Herbal Compress and Aromatherapy. The therapist starts with a heated herbal compress to improve blood circulation for stress relief, followed by the Aromatherapy Oil Massage to rebalance the body and mind.

**Sleep Wellness**                              **60 Minutes**    **THB 1,250++**

**(Aromatherapy Massage)**                      **90 Minutes**    **THB 1,750++**

Leave the stressful day behind with a gentle and relaxing massage. The romantic oil used in the treatment improves the mind and soul alongside a masseuse’s relaxing touch.





# TRADITIONAL MASSAGE

**Traditional Thai Massage**      **60 Minutes**    **THB 1,000++**  
**90 Minutes**    **THB 1,375++**

This treatment is a unique Thai massage that uses deep tissue pressure points in combination with gentle stretching techniques in order to reduce stress and relieve muscle soreness.

**Back Massage**                      **60 Minutes**    **THB 1,250++**

This special massage is created for treating sore muscles around the upper and lower back. This deep tissue massage also uses a Thai heated herbal ball.

**Foot Reflexology**                      **60 Minutes**    **THB 1,000++**

The feet's reflex points correspond to every organ and gland in the body. This treatment stimulates the autonomic nervous system for stress and tension relief while improving blood circulation and energy flow.

**Indian Head Massage**                      **60 Minutes**    **THB 1,250++**

This head-focused treatment is designed for people who suffer from stressful headaches. The massage improves blood circulation to the head and alleviates tension.

**Neck, Shoulders,  
Head Massage**                      **30 Minutes**    **THB 750++**

This massage concentrates on relaxing tension around the neck and shoulders (as well as clearing energy blocks) through stroking, kneading and using pressure point techniques to reduce stress and pain.

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# BODY SCRUB

## Orange Scrub

**60 Minutes THB 1,250++**

Relax the mind and rejuvenate the skin with a fantastic fruit beauty treatment made from a blend of rice powder and orange, followed by a cool yogurt splash. This nourishing scrub cleanses and tightens the pores, leaving the skin feeling smooth, healthy and soft.

## LULUR Scrub

**60 Minutes THB 1,250++**

This treatment purifies, whitens and heals skin inflammation. Its warm effect radiates throughout the body, stimulates blood circulation and retains the body's youth. (Recommended for those with oily skin).

## Thai Herbal Scrub

**60 Minutes THB 1,250++**

This traditional herbal polish treatment uses ancient herbs mixed with aromatherapy-grade Thai lemongrass and ginger essential oils. The therapist polishes the skin with pressed seed oils, leaving it smooth and sleek. The treatment ends with an application of rich plant-based moisturizer for soft and silky skin.

## Thai Coffee Scrub

**60 Minutes THB 1,250++**

This treatment blends local coffee and is mixed with natural honey to deep clean your skin. The benefit of coffee helps to improve your blood circulation while honey moisturizes your skin.





## BODY WRAP

### Tropical Fruit Body Wrap

60 Minutes THB 1,500++

Blends five different tropical fruits for a daily application to promote bright and healthy skin.

### Detoxifying Body Wrap

60 Minutes THB 1,500++

Enhance the skin's firmness and stimulate blood circulation with green tea's antioxidants combined with the cleansing agents of mint and kaffir lime.

### Sun Soothing Wrap

60 Minutes THB 1,500++

Revitalizes sunburned and sensitive skin with pure honey, cooling cucumbers and Aloe vera. The treatment relieves the discomforts of over-exposed skin, decrease its temperature and has healing effects.

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### **Aromatherapy Facial**

**60 Minutes THB 1,800++**

This facial immerses the skin in refreshing and comforting sensations, leaving it radiant, relaxed and moisturized.

### **Balancing Care Facial**

**60 Minutes THB 1,800++**

This facial treatment is developed for oily skin. The step-by-step deep cleansing and purifying treatment gently rebalances the skin by ensuring a visible reduction of sebum secretion and impurities.

### **Skin Radiant Facial**

**60 Minutes THB 1,800++**

Energize and detox dull skin with a nutritional boost rich in superfoods and essential minerals. This facial is clinically proven to leave the skin feeling plumper, radiant and healthy.

# FACIALS

### **Skin Fit for HIM**

**60 Minutes THB 1,800++**

Designed specifically for men, this treatment is ideal for deep pore cleansing facial features. The antioxidant mask leaves the complexion visibly radiant and helps the skin to regain its natural balance.

### **Regenerating Facial**

**60 Minutes THB 2,000++**

Rejuvenate and improve the skin's elasticity. The treatment revives the skin, reduces wrinkles and leaves the guest with a more youthful look.

### **Mini Facial**

**30 Minutes THB 1,050++**

This facial treatment is suitable for all skin types and features easy step-by-step refreshing and moisturizing skincare techniques.

All prices are subject to 10% Service charge and 7% VAT

## KIDS' SPA SPECIALS

Kids' spa treatments are designed for young people but requires adult supervision in the room during the service time. Spa services are for children under 14 years of age.

### **Mini Me Massage**                      **30 Minutes**    **THB 625++**

This special massage uses gentle touches with aromatherapy oil to relax the body, relieve tension within the child's body and energize them for a fun day.

### **Mini Me Facial**                      **30 Minutes**    **THB 625++**

This pure and simple spa facial for kids will cleanse, tone and hydrate the skin. The therapist will share lessons on the importance of clean skin.

### **Tasty Toes Manicure & Pedicure**                      **30 Minutes**    **THB 625++**

Treat your little one to a manicure and pedicure that leaves their toes clean and colorful with nail polish.

All prices are subject to 10% Service charge and 7% VAT



# NAIL TREATMENT

## Nails and Hands

60 Minutes

Regular Color

THB 750++

Gel Color

THB 1,250++

Keep your nails and hands in tip top condition. The treatment cleans, trims and shapes the nails according to the guest's preference. It also scrubs and conditions the hands. The treatment continues with a hand massage and ends with nail polish application or nail buff.

## Basic Foot Care

75 Minutes

Regular Color

THB 1,100++

Gel Color

THB 1,500++

Give your feet the attention that they deserve with this foot care routine. The treatment starts with a Tea Tree Footbath which cleanses, deodorizes and buffs out the dead skin, leaving the foot soft and supple. Afterwards, guests are treated to a foot scrub as the nails are cleansed, trimmed and shaped according to the guest's preference. The treatment continues with a relaxing foot massage and ends with a neat nail polish application or nail buff.

## Nail Flash

30 Minutes

Regular Color

THB 500++

Gel Color

THB 750++

Clean, trim and shape nails in 30 minutes or less. The treatment includes a neat application of nail polish or buff.

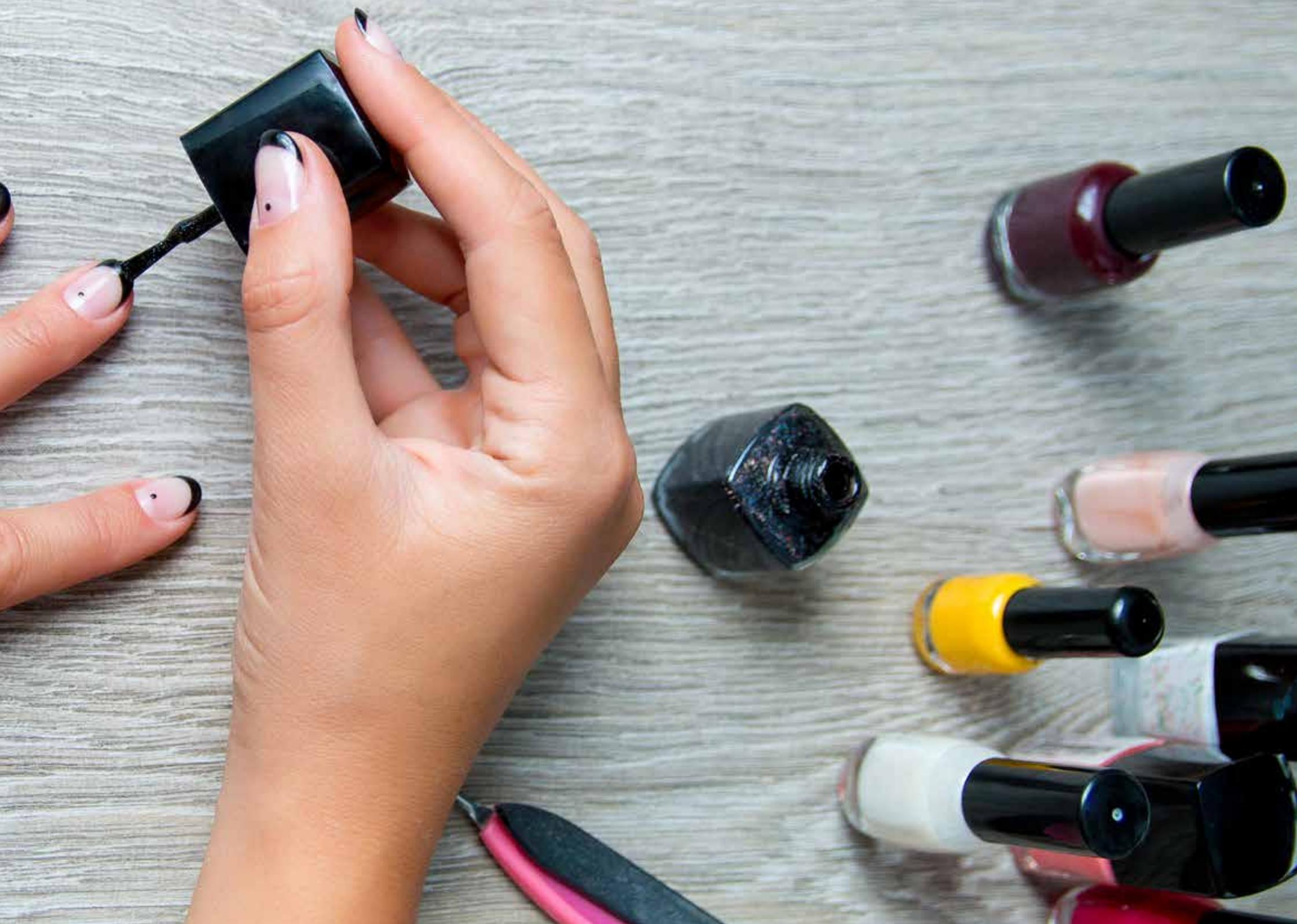
## Gel Color Removal

30 Minutes

THB 600++

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# SPA PACKAGES

## Heavenly Merlin Signature

**180 Minutes THB 4,500++**

This package harnesses the power of the Thai Butterfly Pea flower with exquisite scents and the heavenly "Butterfly Pea Body Scrub," the signature feature of the Merlin spa treatment. Anthocyanin, found in butterfly pea flowers, stimulates blood circulation. The treatment continues with a body relaxing body scrub, a Heavenly Signature Massage and ends with a facial treatment of the guest's choice.

*(Herbal Foot Bath, Butterfly Pea Scrub, Heavenly Signature Massage, Facial)*

## Feeling Cherished

**120 Minutes THB 2,470++**

The relaxation journey starts with an herbal foot bath, followed by an orange scrub that cleanses and clears the skin. The experience ends with a Thai Herbal Massage to energize the body and renew the mind.

*(Herbal Foot Bath, Orange Scrub, Thai Herbal Massage)*

## Feeling Uplifted

**120 Minutes THB 2,470++**

Using the elements of sport healing therapies, this invigorating treatment balances energy flow. The experience starts with an herbal foot bath, followed by a LULUR scrub to deep clean the skin and clear energy blockages. The treatment ends with a sport massage to uplift the soul and cheer up the mind.

*(Herbal foot bath, LULUR Scrub, Sport Massage)*

## Feeling Calm

**120 Minutes THB 2,700++**

Reap the benefits of essential oils to balance the body and the mind. Start the journey towards a healthy and balanced lifestyle with an herbal foot bath, aromatherapy massage and a facial to replenish the skin.

*(Herbal foot bath, Aromatherapy Massage, Aromatherapy Facial)*

## Feeling Cool

**120 Minutes THB 3,000++**

This treatment features a soothing body wrap and a facial. This is a great solution to heal the skin after an awful sunburn as the body wrap rejuvenates the skin to a healthier condition while reducing heat.

*(Herbal foot Bath, Soothing Wrap, Choice of Facial)*

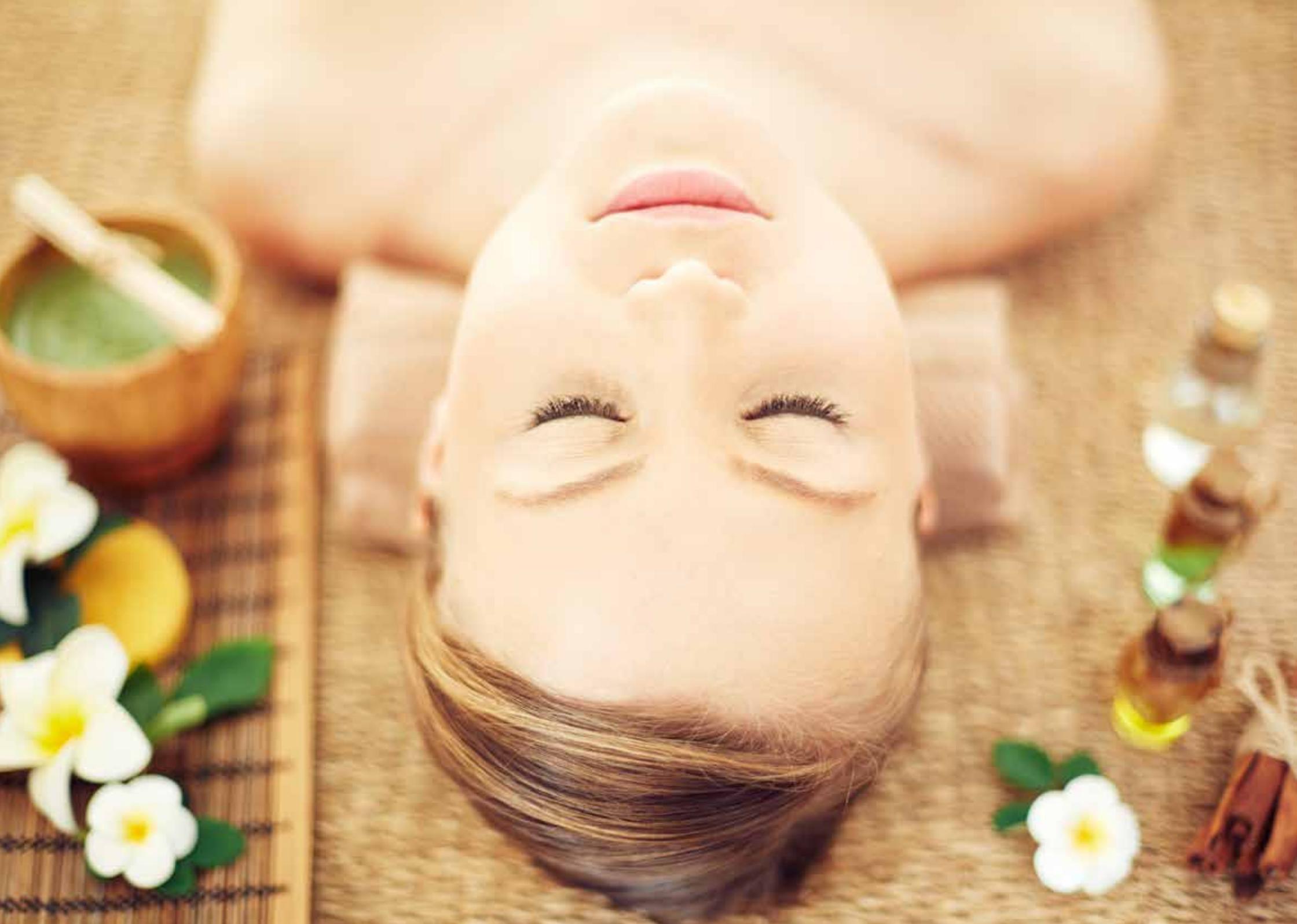
## Feeling Warm

**165 Minutes THB 3,800++**

Experience an unforgettable sensory experience. The treatment uses anti-aging Thai ginger and herbal body wrap, a sesame body scrub and candle massage. Guests are invited to immerse themselves in this relaxing treatment using high quality ingredients.

*(Herbal Foot Bath, Anti-Aging Tropical Body Scrub, Candle Massage)*

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**MARRIOTT RESORT  
PHUKET  
MERLIN BEACH**

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**OPENING HOURS:**  
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