

IRIDIUM SUITES

RARE & REFINED

— spa my blend **BY CLARINS** —

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UNIQUE & REFINED
AN INDIVIDUAL MOMENT
Time for reflection, the rarest of elements.





THE PLACE

The exclusive place where Clarins legendary expertise and the high-tech beauty of My Blend meet, to offer tailor-made treatments created by Dr. Olivier Courtin.

IRIDIUM SUITES

Veritable private suites with access far from prying eyes. Our Spa Suites - Tourmarine, Aquamarine and Citrine - are all characterised by sophisticated materials. Opulent gold and silver walls, decorative features in Carrara marble, Swarovski sculptures, Jacuzzi bathtubs with chromotherapy and Turkish bath, a chaise longue and velvet settee where you can relax and enjoy a Dammann Frères tea served in an exquisite Richard Ginori china teacup...

EXCELLENT SERVICE

In keeping with St. Regis excellence, expert and attentive Beauty Coaches look after guests, tailoring the ideal facial and body treatments to their individual, personal requirements. An experience at the Spa My Blend by Clarins is also - and above all - unique and personalised.

MY BLEND

The science of beauty

At the heart of all My Blend Essential Formulas, are two exclusive anti-age scientific complexes, Cell Synergy Day and Cell Synergy Night. These combinations of peptides improve communication between the cells and thus increase the skin's natural defense potential, reinforcing its capacity for regeneration and protecting it from premature ageing. Essential Formulas can be combined with one or two Boosters: pure active ingredient concentrates that meet your skin's specific needs at a precise stage in your life and according to your lifestyle.

Diagnosis, technology and sensuous textures

My Blend's ultra-personalized approach is based on the My Skin diagnosis, exclusive high-tech software that measures and assesses your skin. Combined with the expertise of a Beauty Coach, the right formulas can be prescribed for your skin and personalized blends created in real time. A totally innovative facial protocol is then carried out, an incomparable ritual where skilled hands and subtle gestures are combined with the precision of anti-age technologies and carefully selected accessories. The Youth Synergy protocol consists of a sequence of remodelling, gentle smoothing and sliding knuckle massage with the fingers, counterbalanced by the use of 2 or 3 antiage technologies depending on the facial chosen: My ColorBlend, a LED light therapy mask ; My WaveBlend, active vibration and stimulation technology (in the 90 minute facial only); My CryoTech, a cryotherapy device. More than just a facial, Youth Synergy extends its benefits from the face to the neck and top of the back and décolleté, including the hands and feet. Your skin is luminous, stimulated and regenerated; your face is replumped, awakened and visibly rejuvenated. Time stands still...

CLARINS

Expertise you can feel, results you can see

At Clarins we're dedicated to delivering professional treatments that will enhance the beauty of your skin and replenish your 'self. How? By distilling sixty-five years of professional experience into every single treatment. We get outstanding results by combining highly efficacious, plant enriched formulas with our 'Clarins Touch'. Unique-to-us techniques that optimize the rebalancing power of our therapist's hands. Our expert therapists will personalize each and every treatment to address your specific needs and concerns. Giving you visible results and an unrivalled sensorial experience.

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Iridium Suites Etiquette

MY BLEND FACIAL TREATMENTS

Youth Synergy

The Youth Synergy Ritual consists of a skin diagnosis and facial combining skilful hands and technology for a sensation of absolute relaxation and a visible result.

105 MINS (15' DIAGNOSIS WITH SKIN DIAG MACHINE + FACIAL 90') - PRICE € 250
75 MINS (15' DIAGNOSIS WITH SKIN DIAG MACHINE + FACIAL 60') - PRICE € 190

Youth Synergy For Him

A customised diagnosis, personalised formulas, muscular relaxation and deep-down release of tension from the chest to the scalp for holistic manual and high-tech treatment. An innovative, modern, high-tech moment of ultimate comfort and relief.

50 MINS (5' DIAGNOSIS WITH TABLET + FACIAL 45') - PRICE € 170

Glow Discovery

A relaxing facial treatment to energy and restore skin radiance.

35 MINS (5' DIAGNOSIS WITH TABLET + FACIAL 30') - PRICE € 110

Firmness Discovery

A relaxing treatment to reshape facial contours.

35 MINS (5' DIAGNOSIS WITH TABLET + FACIAL 30') - PRICE € 110

CLARINS FACIAL TREATMENTS

Youth expert

After a thorough skin diagnosis, this personalized treatment adapts to your skin's needs and the beauty results you are looking for: from stressed skin to skin that lacks firmness, and skin weakened by hormonal changes. Regardless of one's age, this treatment visibly reduces the look of first lines and those that have settled in, and also smoothes features and promotes a refreshed look. Your skin is firmer, better toned, your complexion looks more luminous.

90 MINS - PRICE € 200

Power hydrator

This treatment pampers dry, fragile skin and is ideal for restoring comfort, softness and radiance. Fine lines caused by dehydration are smoothed out and tight-feeling skin is soothed. You'll regain supple skin that feels nice to the touch.

60 MINS - PRICE € 160

Clear skin refiner

This detoxifying treatment is the perfect ally of combination or oily skin that needs to be rebalanced. Impurities are gently removed; skin shine is reduced and pores are tightened. Your skin looks clear, fresh and healthy.

60 MINS - PRICE € 160

Radiance booster

Developed for skin that is looking for more radiance, this treatment 'wakes up' the skin's healthy glow. It revives facial features and energizes, hydrates and softens the skin, making it look fresh and more beautiful. Your skin is always 'selfie ready'!

60 MINS - PRICE € 160

Skin soother

Treat your sensitive skin with this calming treatment that promotes an ultimate feeling of comfort. Redness is reduced, your skin is soothed and fortified.

60 MINS - PRICE € 160

Even skin perfector

This treatment was developed for those dreaming of flawless skin that looks even and luminous. Dark spots are minimized, shadowy areas are reduced, and your skin's natural luminosity is revived. You look simply radiant.

60 MINS - PRICE € 160

Energizing facial for men

Take a break! This energizing treatment was specially developed for men's skin which is subject to external aggressions and irritation caused by shaving. It purifies, hydrates and reduces the appearance of wrinkles and dark undereye circles while energizing the skin. It is a complete treatment that promotes a deep feeling of well-being, instantly. You'll look rested, relaxed and completely refreshed.

60 MINS - PRICE € 160

CLARINS BODY TREATMENTS

Body silhouette

This personalized slimming and firming treatment helps sculpt your silhouette. Thanks to a skin analysis carried out beforehand by the Clarins therapist, she can steer the treatment to optimize slimming/target orange peel skin or enhance your skin's firmness and youthful qualities.

This draining and filtering treatment allows you to regain smoother, more comfortable skin as well as better defined contours.

60 MINS - PRICE € 150

Body renew

Offer your body a real skin-renewing treatment. Gentle exfoliation detoxifies and purifies the skin while optimal hydration promotes a feeling of unequalled comfort, making your skin feel supple and ultra-smooth. Your skin is soft and beautiful, you feel exquisite.

60 MINS - PRICE € 150

CLARINS MASSAGE

Rebalancing massage with essential oils

This massage calms the body, restores energy and deeply soothes muscle tension. Variable deep pressure is gaged based on muscular tensions and your desires. Choose between 'Tonic' Oil to stimulate the body and mind or 'Relax' Oil to create a feeling of absolute relaxation.

60 MINS - PRICE € 150

MASSAGES

Decontracting Massage

A massage to ease tension and muscle tightness caused by stress and poor posture. For those who appreciate a vigorous touch.

60 MINS - PRICE € 150

90 MINS - PRICE € 190

Iridium Massage

Pure relaxation coupled with a bespoke sequence of different massage techniques. To awake ...as if in a fairytale.

60 MINS - PRICE € 150

90 MINS - PRICE € 190

THE PERFECT APPOINTMENT

Manicure

Beauty treatment for hand, nails and cuticles.
Including relaxing massage and regular nail polish.

PRICE € 80

Pedicure

Beauty treatment for feet, nails and cuticles.
Includes relaxing massage.

PRICE € 90

Man manicure

PRICE € 50

Gel application / removal

PRICE € 40

Waxing

PRICE STARTING FROM € 20

SPA EXPERIENCE

Acquamarine

Starting from a purifying session in a steam shower, The Specific treatment, The Relief Back massage, to remove pains and nourish the skin combined to The Expert Touch Solution Facial treatment by Clarins, to take care of the face skin.

150 MINS - PRICE € 280

Tourmaline

A relaxing ritual to distend and care the Eye contour starting with The specific treatment by Clarins combined with Beautiful Hands and Feet with an express manicure and pedicure.

150 MINS - PRICE € 250

Citrine

A regenerating and complete body ritual starting with a Tonic Body exfoliation followed by the Rebalancing body massage with essential oils by Clarins, for a very energizing and relaxing experience.

180 MINS - PRICE € 350

Private Spa Suite

Exclusive use of the Spa Suite with Jacuzzi, chromotherapy, aromatic steam bath, exfoliants and face masks, for an unforgettable moment all for you.

30 MINS - PRICE 1 PAX € 80 - 2 PAX € 120
60 MINS - PRICE 1 PAX € 120 - 2 PAX € 160
90 MINS - PRICE 1 PAX € 160 - 2 PAX € 200
120 MINS - PRICE 1 PAX € 200 - 2 PAX € 240





IRIDIUM SUITES ETIQUETTE

TREATMENTS

Our Beauty Coach will provide you with a bathrobe, slippers, towels and a toiletries kit. During treatment, therapists will arrange towels to preserve your modesty at all times. Iridium Suites avail of private Spa cabins. Clients can book either individual treatments or treatments for couples, adding the use of the Turkish bath and contemporary Jacuzzi bathtub in total privacy.

AGE RESTRICTIONS

Guests must be over 14 years of age in order to make use of the services and treatments offered by Iridium Suites, otherwise the authorization of a parent or guardian will be required.

ARRIVAL AT IRIDIUM SUITES

We kindly request that you arrive at least 15 minutes prior to your scheduled appointment.

If you arrive late, the treatment you have booked will be shortened in order to remain on schedule for subsequent appointments.

ADVICE

We advise against any hair removal or shaving in the few hours preceding your treatment.

When making an appointment, we kindly request that you advise us of any skin and/or food allergies that might affect your experience at Iridium Suites.

PREFERENCES

All aspects of treatment can be modified to suit your taste: the lighting level, music volume and the room temperature in the suite. During a massage, feel free to let the therapist know if the pressure level is to your liking. We want your experience to be unforgettable.

CANCELLATION POLICY

Credit card details are required to secure a booked appointment. To cancel a booking, we request you call the Spa directly at least 4 hours before your scheduled appointment. Otherwise, 100% of the treatment cost will be charged to the credit card provided or to the room.

OPENING HOURS

From Monday to Saturday
10 am - 12 pm
4 pm - 8.30 pm

Extra time treatment requests will be charged with an extra 30% fee.

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SPA MY BLEND BY CLARINS

FROM MONDAY TO SATURDAY:

10 AM - 12 PM

4 PM - 8.30 PM

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THE ST. REGIS FLORENCE - PIAZZA OGNISSANTI, 1
50123, FLORENCE, ITALY
PHONE 0039 055 27163710



ST REGIS
FLORENCE