



ST REGIS
HONG KONG

The St. Regis Athletic Club & Spa Price List

| | Weekday (HKD) | Weekend (HKD) |
|--|------------------|------------------|
| <i>001 Skincare London Facials</i> | | |
| Meridian Sculpt-Balance Facial 90 minutes | 2,680 | 2,780 |
| Signature Flow Performance Facial 75 minutes | 2,580 | 2,680 |
| Ice-Radiance Flow Performance 60 minutes | 2,380 | 2,480 |
| Red Carpet Gaze 30 minutes | 1,080 | 1,180 |
| Cryo-Flash Facial 30 minutes | 1,080 | 1,180 |
| The ExpIess Facial 30 minutes | 1,280 | 1,380 |
| <i>3LAB Facials</i> | | |
| Anti-Ageing Facial 90 minutes | 2,680 | 2,780 |
| The Facial 60 minutes | 2,380 | 2,480 |
| Perfect Neck Treatment 30 minutes | 1,480 | 1,580 |
| <i>Advanced Facials</i> | | |
| Synergy Non-Surgical Facial Toning 90minutes | 2,780 | 2,880 |
| Ultimate Hydration Booster 60 minutes | 2,380 | 2,480 |
| Synergy Purifying Facial 60 minutes | 2,380 | 2,480 |
| Eye Revival 30 minutes | 1,280 | 1,380 |
| <i>Body Massage & Treatments</i> | | |
| World Dynastic Massage 60 minutes | 1,480 | 1,580 |
| World Dynastic Massage 90 minutes | 1,880 | 1,980 |
| Bamboo Energiser Massage 60 minutes | 1,580 | 1,680 |
| Bamboo Energiser Massage 90 minutes | 1,980 | 2,080 |



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| <i>Body Massage & Treatments</i> | | |
| Aroma Heaven Massage 60 minutes | 1,480 | 1,580 |
| Aroma Heaven Massage 90 minutes | 1,880 | 1,980 |
| Maternity Massage 60 minutes | 1,480 | 1,580 |
| Maternity Massage 90 minutes | 1,880 | 1,980 |
| The Queen's Exfoliating Ritual 60 minutes | 1,680 | 1,780 |
| Foot Massage 60 minutes | 1,480 | 1,580 |
| <i>Enhancements</i> | | |
| Hot Stone Melter | 300 | 300 |
| Back Reviver | 300 | 300 |
| Hand or Foot Reviver | 250 | 250 |
| Magnetic Revitaliser | 300 | 300 |
| Hydro Face Mask | 300 | 300 |
| Hydro Eye Treatment | 250 | 250 |
| <i>Personal Fitness Training</i> | | |
| Fitness Assessment | 1,200 | 1,200 |
| One-on-One Session 60 minutes | | |
| Personal Training | 1,200 | 1,200 |
| One-on-One Session 60 minutes | | |
| Family Circuit Training | 1,200 | 1,200 |
| Private Session 45 minutes | | |
| Functional Training | 700 | 700 |
| One-on-One Session 30 minutes | | |

*Prices are in Hong Kong Dollars and are subject to a 10% service charge.
Weekday prices apply from Monday to Thursday;
Weekend prices apply from Friday to Sunday and public holidays.
Prices and treatments are subject to change without notice.*