WESTIN

Eat Well

M-ROOM DINING MENU

The Westin Grand Frankfurt Konrad-Adenauer-Str. 7, 60313 Frankfurt, German T: (069) 2981 0

Eat well

Discover local flavors and enjoy a spontaneous bite.

Our in-room dining program offers stylish and convenient food and beverage options, whether you're relaxing or fueling up to explore the city.

ENJOY

Enjoy delicious and uncomplicated food, conveniently tailored around your needs. From door-to-door delivery to a delicious snack on the go, the choice is yours.

ACCESSIBLE

Local ingredients, regional flavors and stylish signature dishes offer an accessible dining experience.

TIMELY

Freshly prepared daily, all orders are being delivered within 30 minutes, ideal to suit every schedule.

SIMPLE

We don't like complicated. Delicious food, simply ordered from your in-room phone. Simple.

How it works

1.

Choose the items you would like to order from the menu.

2.

Dial "Service Express®" on the in-house telephone to place your order.

3.

Have your order delivered to your room.

ALLERGENS

A-Eggs, B-Cereals containing gluten, C-Milk, D-Fish, E-Nuts, F-Peanuts, G-Celery, H-Crustaceans, I-Soy, J-Molluscs (e.g. shellfish), K-Sesame, L-Lupine, M-Sulphur dioxide, Sulfides, N-Mustard.

1-Preservative, 2-Colorant, 3-Antioxidant, 4-sweetener saccharin, 5-sweetener cyclamate, 6-sweetener aspartame, contains Phenylalanine source, 7-sweetener acesulfame, 8-phosphate, 9-sulfurized, 10-containing quinine, 11-containing caffeine, 12-flavor enhancer, 13-blackened, 14-waxed, 15-genetically modified

Breakfast

Available from 6:30am until noon. Please dial Service Express®.

Breakfast-Package

ESSENTIALS B,C,1,11 23.00

Two bread rolls served with butter, jam and honey; one fresh orange juice (0.2l) and one coffee or tea specialty

WESTIN VITALITY B,C,E,F,1,2,11 29.00

Two multi-grain bread rolls served with cream cheese, cottage cheese, turkey cold cuts, butter, jam and honey; Bircher muesli; plate of fresh sliced fruit, one fresh orange juice (0.2l) and one coffee or tea specialty

AMERICAN A,B,C,E,F,I,K,1,2,11 35.00

Toast, two bread rolls and two croissants served with butter, jam and honey; two eggs (boiled, poached, scrambled, omelet or fried); grilled pork sausages and bacon; hash browns; grilled tomato with garlic pesto; pancakes with maple syrup; one fresh orange juice (0.2l) and one coffee or tea specialty

BREAKFAST FRANKFURT STLYE A,B,C,G,M,N 25.00

Oven-fresh pretzel from the bakery "Weller", Frankfurt's poultry sausage, mustard, Frankfurt's famous green sauce, boiled free-range egg, cheese spread Frankfurt style, coffee or tea

Breads + Pastries

MIXED BAKER'S BASKET A,B,C,E,F,I,1,3 12.00

Two bread rolls (white, rye or multi grain), one croissant and one Danish pastry served with butter, jam and honey

TWO PASTRYS OF YOUR CHOICE A.B.C.E.F.I.4 5.00 Croissants, Danish pastry, chocolate muffin

FRENCH TOAST A,B,C,K 13.00 Cinnamon, maple syrup, berries

Extras

EGG WHITE OMELET WITH BROCCOLI AND CHEESE A,B,K 12.50

Served on whole-wheat toast

EGGS BENEDIKT A,B,C,I,K 18.00

2 poached eggs, cooked ham (pork), Sauce Hollandaise, country bread

THREE PANCAKES A,B,C,1,2,4 8.50

Served with maple syrup, chocolate sauce or powdered sugar

THREE GRILLED TOMATOES WITH

HASH BROWNS A,B,E,F,I,K,1,3 8.50

au gratin with mozzarella, pine nuts and garlic pesto

FIVE GRILLED SAUSAGES GI,M,N 6.50

Pork

SMOKED SALMON C,M,1 13.00

with horseradish and hash browns

Side Dishes

TWO BOILED EGGS 5.00

TWO EGGS A. 10.00

(Poached, scrambled, omelet or fried) to your own choice with ham or bacon (both pork), tomatoes, mushrooms, onion, cheese or bell peppers

BAKED BEANS 1,3 8,50

in tomato sauce

SELECTION OF COLD CUTS G,I,M,N,1,3 10.00

(contains pork meat)

BIRCHER MÜSLI B,C,E,F,I,K 7.00

Crunchy muesli, yogurt, apples, berries

FRUIT PLATE 14 13.00

Melon, orange, pineapple, grapes, banana

BERRY FRUITS BOWL 8.00

Seasonal

FRANKFURT ORGANIC YOGURT © 5.00

Eat Well Menu

Our Westin Eat Well Menu offers a selection of nutritious dishes, handcrafted by our Chef with guests' well-being in mind. From flexible portion sizes to mindfully selected ingredients, this special menu offers a variety of healthier choices to help you eat well, for you.

Breakfast

Available from 6:30 AM to noon. Please dial Service Express®.

BANANA & CRANBERRY PORRIDGE A,B,C,E,F,I,K 11.50 With chia seeds, almond milk, honey, granola, roasted nuts half portion 7.50

SOFT-BOILED FREERANGE EGG B.E.F.K 12.00 Served on whole wheat bread, avocado, tomatoes, chives half portion 7.50

PINEAPPLE CARPACCIO E.F. 17.00 Agave syrup, goji berries, chia seeds **half portion** 10.00



Hot Beverages

Coffee

CUP OF COFFEE 4.00 ESPRESSO 4.00 LATTE MACCHIATO 6.00 CAFÉ AU LAIT 5.00 CAPPUCCINO 5.00

Tea

BLACK TEA 5.00 FRUIT TEA 5.00 GREEN TEA 5.00 HERBAL TEE 5.00

Milk

HOT CHOCOLATE 4.00

GLASS OF MILK, ALMOND- OR OAT MILK 0.21 | 4.00

Westin Fresh by The Juicery

Westin Fresh by The Juicery offers a selection of healty and nutritious juices and smoothies created in cooperation with the experts at The Juicery.

RASPBERRIES, STRAWBERRIES E.F.LK 9.00 With mint, dates, almond milk

BLUEBERRIES, SPINACH A,B,C,E,F,I,K 9,00 With chia seeds, avocado, almond milk, granola

LEMON E,F 9.00

With ginger, turmeric, cayenne, spinach, coconut water

FRESH ORANGE JUICE 0.21 | 6.00 **MANGO SMOOTHIE** 3 0.21 | 6.00

All-Day Dining

Discover a drink recommendation from our Main Tapas Lounge Manager to accompany our dishes.

Available from noon to 11:00 PM. Please dial Service Express®.

"GRIE SOSS" A,C,G,N 15.00

Frankfurt's green sauce with free-range egg and boiled potatoes

Wine recommendation:

Apfelschaumwein Brut | AlcVol 12.5% | 10cl 9.50

CAESAR SALAD A,B,C,E,G,M,N,1,3,13 15.00

Romaine Lettuce, parmesan, croûtons

- + grilled turkey breast 5.00
- + 3 Cajun shrimps H 6.00
- + Falafel balls B,C,G,I,N 5.00

Wine recommendation:

BRÜDER DR. BECKER | RHEINHESSEN Grauburgunder | AlcVol 12.5% | 0.25l | 12.50

SALAD NICOISE A,B,D,E,F,I,K,13 22.00

Wild herbs, boiled free-range egg, tuna, aroma cherry tomato, bell pepper, cucumber, snow peas, olives, young leek, soy-sesame dressing

> Wine recommendation: KELTEREI NÖLL Apfel-Secco | AlcVol 5.5% | 37cl | 17.50

ANTI PASTI SANDWICH (VEGETARIAN) B,C,E,F,K 15.00

Baguette, pesto, arugula, grilled bell peppers and zucchini

+ sweet potato fries 4.00

Wine recommendation: EUSPERGERHOF | PFALZ Pinot Noir Réseve | AlcVol 14.0% | 0.251 | 19.50

WESTIN GRAND CLUB SANDWICH A,B,C,E,G,M,N,2,3 25.00

Turkey breast, fried egg, bacon (pork), salad, steakhouse fries

Wine recommendation:

AMOUTON CARDET | FRANCE

Bordeaux AOC, Rouge | AlcVol 14.0% | 0,25l 12.50

CURRYWURST B, E, F, G, I, N, 3,9 11.00

Pork sausages with spicy mango curry sauce, baguette

+ Steakhouse fries 3.00

Wine recommendation: KÜHN KUNZ ROSEN Brauerei Mainz "Mainzer Dunkel" | AlcVol 5.3% | 0.33| 7.50

EAT WELL BURGER A,B,C,E,G,K,M,N,2,3 28.00

200 g Black Angus, low-fat cheese, avocado, red onion, iceberg lettuce, sweet potato fries

Wine recommendation: BRÜDER DR. BECKER | RHEINHESSEN Regent Cuveé | AlcVol 13.0% | 0.251 | 12.50

PASTA A,B,C,E,G 19.00

Ravioli stuffed with fresh spinach leaves, tomato sauce, parmesan

Wine recommendation:
AMOUTON CARDET | FRANCE
Bordeaux AOC, Rosé | AlcVol 12.0% | 0.25I 12.50

SALMON STEAK D,K 33.00

Market vegetables, sautéed spinach leaves, sesame seeds, fragrant rice, lemon emulsion

Wine recommendation:

Apfelschaumwein Brut | AlcVol 12.5% | 10cl 9.50

CORN FED CHICKEN BREAST C.E.G 29.00

Parmesan risotto, broccoli, pesto, aroma tomatoes

Wine recommendation:

BRÜDER DR. BECKER | RHEINHESSEN

Spätburgunder Rosé | AlcVol 12.0% | 0.25l 12.50

"WIENER SCHNITZEL" FRANKFURT STYLE A,B,C,E,F,K,M,N 30.00

Small Veal Escalope in pumpkin almond breading, fried potatoes, "Grie Soß" - Frankfurt's green sauce

Drink recommendation:

KÜHN KUNZ ROSEN Brauerei Mainz Festland Tonka Stout | AlcVol 6.8% | 0.331 7.50

ARGENTINIAN RIB EYE STEAK B,C,M,N 42.00

250gr, grilled vegetables, steakhouse fries, house butter, small hessian wild herb salad

Drink recommendation:KÜHN KUNZ ROSEN Brauerei Mainz

"Mystique IPA" | 0.331 7.50

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Lunch or Dinner

TOMATO SOUP C.G.M.3 9.00 With crispy basil half portion 5.50

HESSIAN WILD HERB SALAD ^{G,M,N,3} 10.50 Radish, aromatic tomato, organic cress from Maintal **half portion** 6.50

WILD MUSHROOM RISOTTO C.E.F.G.M 21.00 With olive oil, shitake, seven herbs half portion 12.00

CHICKPEA CURRY G.I.K 18.50 With turmeric, broccoli and aromatic rice half portion 11.00

THAI RED CHICKEN CURRY B.C.F.G.M 22.00 Chicken breast, coconut, spring onions, bell peppers, pitta bread half portion 14.00

WESTIN BOWL B.I.N 18.00
Rice, lettuce, tomato, bell pepper, cucumber, avocado, edamane, mango, radish, coconut chips, roasted onions, soy wasabi dressing half portion 12.00



Eat Well Menu

Dessert

ORGANIC CHEESE B,C,E,F 14.00 Fig mustard, farmers bread half portion 8.00

CHESE CAKE A.B.C.E.F.I.2 9.00 With Mascarpone and blueberry ragout half portion 6.50

Eat Well Menu for Kids

Discover kids' meals that are as delicious as they are nutritious with the Westin Eat Well Menu for Kids, developed to make kids and parents happy. Please dial Service Express®.

Breakfast

Available from 6:30 AM to noon.

OMELETTE A,C 7.00

Baby spinach and cheese, served with a small fruit salad

MUESLI B,C,E,F,I,K,L,4 6.50 With seasonal fruits



Eat Well Menu for Kids

Lunch or Dinner

Available from noon to 11:00 PM.

PASTA B,G,N,3 11.00

Whole grain pasta with meatballs and tomato sauce

CHICKEN NUGGETS B,E,F,K 10.00

With Quinoa crust, vegetable crudities, popcorn

FISH STICKS FROM MSC POLLOCK A,B,C,D,G,H,I 13.50

With vegetable-coconut-rice, lemon

Dessert

Available from noon to 11:00 PM.

APPLE DONUTS B,C,E,F,I,K,L 4.00

With peanut butter, granola and pistachios

BEERIES-YOGURT-POP C,2,4 3.50

With Greek vanilla yogurt, strawberries, blueberries and honey

KIWI POMEGRANATE YOGURT C 4.50

Low-fat natural yoghurt, linseed, crunchy muesli



Beverages

Available from noon to 11:00 PM. Please select Service Express®.

Please ask our room service team for our separate champagne and wine offer.

Long drinks, cocktails and spirits can be ordered during the opening hours of our Main Tapas Lounge. You may find the drink menu on MainTapasLounge.com.

Softs

BAD BRAMBACHER naturel / medium 0.75 | 9.50

EVIAN naturel 1.0 | 11.50

SAN PELLEGRINO sparkling 1.0 | 11.50

PEPSI COLA / Pepsi Cola Light / Pepsi Cola Max 0.21 | 4.50

MIRANDA / 7UP 0.2 | | 4.50

SCHWEPPES 0.2 | | 4.50

Tonic Water / Lemon Bitter / Ginger Ale

THOMAS HENRY 0.2 | | 5.50

Tonic Water / Cherry Blossom Tonic

FEVER-TREE

Mediterranean Tonic / Indian Tonic 0.2 I 6.50

REDBULL Energy Drink 0.25 | 6.50

GRANINI FRUIT JUICES 0.2 | 4.50

Orange / Cherry / Red Grape / Black Currant / Apple / Tomato

Hot beverages

You can find our hot drinks' offer at our breakfast offers.

Beer

PAULANER WHEAT BEER 0.5 | | 6.50

Wheat Beer | AlcVol 4.8%

Wheat Beer Dark | AlcVol 5.3%

Wheat Beer, Non-Alcoholic | AlcVol 0.0%

KÜHN KUNZ ROSEN Brewery Mainz 0.33 | | 7.50

"Mainzer Dunkel" | AlcVol 5.3%

"Mystique IPA" | AlcVol 7.0%

"Festland Tonka Stout" | AlcVol 6.8%

Sparkling Wine & Champagne

KESSLER JÄGERGRÜN RIESLING SEKT

AlcVol 13.5% 0.75l | 45.00

PIPER-HEIDSIECK CUVEE BRUT

AlcVol 12% 0.75l | 105.00

White Wine

BRÜDER DR. BECKER | RHEINHESSEN

Grauburgunder | AlcVol 12.5% 0.75 | 35.00 VDP | Gutswein

Tafelstein Riesling | AlcVol 13.5% 0.75 | 65.00 VDP | Große Lage

NEUSPERGERHOF | PFALZ

Chardonnay | AlcVol 13.5% 0.75 | | 55.00 VDP | Ortswein | vegan

MOUTON CARDET | FRANCE

Blanc | AlcVol 12.5% | Bordeaux AOC 0.75 | 35.00

Rosé Wine

BRÜDER DR. BECKER | RHEINHESSEN

Spätburgunder Rosé | AlcVol 12.0% 0.75 | | 35.00 VDP | Gutswein

MOUTON CARDET | FRANCE

Rosé | AlcVol 12.0% | Bordeaux AOC | 0.75 | | 35.00

Red Wine

BRÜDER DR. BECKER | RHEINHESSEN

Dienheim Spätburgunder | AlcVol 13.0% 0.75 | 45.00 VDP | Ortswein

Regent Cuveé | AlcVol 13.0% 0.75 | 35.00 VDP | Gutswein

NEUSPERGERHOF | PFALZ

Pinot Noir Réseve | AlcVol 14.0% 0.75 | | 55.00 Ortswein | vegan

MARQUES DE RISCAL | SPAIN

Reserva XR | AlcVol 14.0% | Rioja DOCa 0.75 | 65.00

MOUTON CARDET | FRANCE

Rouge | AlcVol 14.0% | Bordeaux AOC | 0.75 | | 37.00