

# EXPLORE SPA

by *Le* MERIDIEN

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N 41° 23' W 2° 10'



## **DISCOVER EXPLORE SPA STUDIO**

Inviting. Vivid. Unexpected. Welcome to Explore Spa Studio. A spa where indulgence is not just for the body, but for the spirit and the imagination. A spa that pulses with life. And fuels your curiosity as it satisfies it. Where signature treatments energize the creative self. And where you are encouraged to engage, or disengage as you see fit. From first taste to last touch, it is spa as a route to creativity and discovery. Your exploration awaits you in our Explore Spa Studio located on the sixth floor.

## **NAVIGATING YOUR EXPERIENCE**

### **TIMING / DISCOVERY**

To allow time for the discovery of Explore Spa Studio steam room, sauna, Vitality pool and lounge are, we encourage you to arrive 30 – 60 minutes prior to your first service.

To minimize distractions from the experience, we ask that you kindly turn off communication devices prior to entering Explore Spa Studio.

### **RESERVATIONS**

To ensure that your preferred treatment or therapist is available, we invite you to schedule your appointments well in advance. Spontaneous bookings are always welcome, and will be accommodated based on availability.

All reservations from non hotel residents must be secured with a major credit card and a telephone number.

For reservations, please contact our Concierge at the Hub, in the lobby area or dial Ext. 4108.

### **WET AREAS**

Explore Spa Studio invites hotel residents to use the wet area and terrace at no additional charge during its opening hours. Children under 16 years old need to be accompanied at all times and will not be granted entrance when not accompanied.

## **CANCELLATION/ALTERATION POLICY/ LATE ARRIVAL**

If cancellation is needed, please inform us 24 hours prior to the scheduled time.

Cancellations made within the 24 hour time frame will incur full charges for the service.

Full charges will be applied for no-shows.

Should you wish to alter your reservation, please do so at least 6 hours prior to the scheduled time.

Alterations made within the 6 hour time frame will incur a surcharge of 25% of the original treatment.

Please note that arriving late can result in the shortening of the treatment, with full charges applied.

### **ATTIRE**

Upon entering, you will be given a robe to wear throughout your Explore Spa Studio experience. Before your treatment begins, you will be given the opportunity to disrobe and cover yourself in privacy. Throughout your treatment your body will be draped with linens, and will at no time be completely exposed.

To fully experience the mixed-gender Wet area, please bring a bathing suit. Towels will be provided to you upon reservation.

### **RINSE**

A brief shower just before your massage or treatment washes off any salts, minerals or chemicals that could clog pores when mixed with oils or other treatments.

### **DIALOGUE**

Communication with your therapist should be a free and open dialogue. Prior to the start of your service, please tell your therapist the areas you would like to focus on and any areas to be avoided. During your service please let the therapist know if you feel any discomfort.

## FACIAL TOUCH

### ● LIMITLESS FACIAL

- 30MIN – €50
- 50MIN - €80

A facial designed for all skin types to cleanse, hydrate and revitalize.

The treatment also includes a massage of the neck, and can be combined with a massage or a treatment for the hands or feet.

### ● PRO-COLLAGEN FACIAL

- • 30MIN – €65
- 50MIN - €130

A treatment specifically catered to treat fine lines and wrinkles. We protect the skin from external aggressions, while improving the tone and elasticity. You will obtain nutrition, firmness and cellular regeneration.

### ● PRO-DEFINITION FACIAL

- 50MIN - €130

With this treatment we restore the definition of the face. The skin tone and the facial contour are smoothed thanks to the vegetal assets and the lifting massage performed on the face. You will receive a revitalized appearance.

### ● SUPERFOOD PRO-RADIANCE

- 50MIN - €100

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave skin plumper, radiant and lit up with good health.

### ● DYNAMIC RESURFACING FACIAL

- 30MIN – €60
- 50MIN - €110

Specifically designed for signs of aging and uneven skin tones. Through enzymes we perform a powerful exfoliation followed by renewal of the cells, to obtain soft skin, regenerated and a more youthful look.

## ELEMIS BIOTEC FACIAL TECHNOLOGY

BIOTEC technology allows pulses of microcurrents and red and blue light therapy to rejuvenate, reduce wrinkles, give firmness to the face, improve skin imperfections, re hydrate or calm the skin. Let yourself be advised by our therapists to select the right treatment for your skin.

30MIN - €50

60 MIN - €145

### ELEMIS BIOTEC Line Eraser

- Target wrinkles and energise the skin with microcurrent pulses and red and blue light therapy

### ELEMIS BIOTEC Firm-a-Lift

- Firm and tense: a combination of massage and galvanic technology.

- RELAXING
- ENERGIZING
- ANTI-AGING

\*VAT INCLUDED

## ELEMIS BIOTEC Anti-Pigment Brightener

• Special pigmented skins: illuminating treatment for discolorations and aging spots.

## ELEMIS BIOTEC Skin Resurfacer

- Reactivation and regeneration:
- Tone, imperfections using ultrasonic peeling.

## ELEMIS BIOTEC Radiance Renew

• A deep cleansing facial that detoxifies and repairs damaged tissue. Ultrasonic vibration, massage, and galvanic currents thoroughly decongest and exfoliate to restore moisture.

## ELEMIS BIOTEC Blemish Control

• Skins with imperfections: Ultrasonic vibration, massage, steam and galvanic currents to decongest and exfoliate.

## ELEMIS BIOTEC Sensitive Skin Soother

• Sensitive skin: for redness, using oxygen to regenerate.

\*These technological treatments can be combined with any of the manual facials. Please consult our therapists for recommendations.

## MASSAGES

### ● DISCOVERY MASSAGE

- 50 MIN - €85
- 80MIN - €125

Exclusive massage created by Explore Spa Studio that fuses three different therapies – Shiatsu, Thai and Swedish, to achieve a Deep revitalized state.

### ● HOT STONE MASSAGE

- 50 MIN -€100
- 80 MIN -€150

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

### ● HOT MINERAL BODY BOOST

- 50 MIN -€90
- 80 MIN - €130

A powerful treatment to stimulate every cell in the body, helping to alleviate muscular pain and remove toxins. This is a revolutionary, minerally-charged Experience of skin conditioning, metabolic balancing and energizing wellness.

### ● FREESTYLE DEEP TISSUE MASSAGE

- 50 MIN - €95
- 80 MIN - €135

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation

### ● EXPRESS MASSAGE

- "A LA CARTE"
- 30 MIN - €50

A la carte allows you to choose the area of your body to be treated: back and legs, feet and legs, or the nape, neck and shoulders. It is the ideal massage to relax the muscular tensions caused by stress or vigorous activities .

- RELAXING
- ENERGIZING
- ANTI-AGING

\*VAT INCLUDED