

CLASSIC BREAKFAST

Available daily from 6:30 AM - 11:00 AM

Steel Cut Oatmeal 440 cal. **S** Golden sultana raisins | milk | golden sugar

Healthy Start

16

Granola & yogurt parfait | fresh diced fruit | crisp gala apple | Choice of muffin: Honey bran | Blueberry streusel | Chocolate chunk

All Canadian

19

Two eggs any style | bacon | sausage | hash browns | toast | coffee or tea | juice

Omelette

17

Bell peppers | onion | cheddar cheese | bacon | sausage | hash browns | toast

Breakfast Bowl

17

Two poached eggs | bell peppers | onion | tomato | arugula | sweet potato | organic red quinoa



Please advise your server of any allergies or preferences. Menu is subject to change. Prices listed are subject to HST.