

## **Breakfast:**

## **Quick Start**

Freshly Brewed Coffee
Hot Tea
Apple Juice and Orange Juice
Fresh Seasonal Fruit
Assorted Muffins
Breakfast Pastries
Assortment of Preserves, Marmalades, and butter
\$14.00 per person

### **Sarasota Essentials**

Freshly Brewed Coffee
Hot Tea
Apple Juice and Orange Juice
Fresh Seasonal Fruit
Assorted Fruit Yogurts
Assorted Individual Cereals
Assorted Bagels with Cream Cheese
Assortment of Preserves, Marmalades and Butter
\$18.00 per person

## **Morning Start**

Freshly Brewed Coffee
Hot Tea
Apple Juice and Orange Juice
Fresh Seasonal Fruit
Assorted Muffins
Assorted Breakfast Pastries
Assorted Bagels with Cream Cheese
English Muffins
Assortment of Honey, Preserves, Marmalades and Butter
\$19.00 per person

Aloft Sarasota | 1401 Ringling Blvd, Sarasota, FL 34236 P: (941) 870-0900 F: (941) 893-1405

### **The Breakfast Table**

Minimum of 10ppl
Freshly Brewed Coffee
Hot Tea
Apple Juice and Orange Juice
Fresh Seasonal Fruit
Scrambled Eggs
Breakfast Potatoes
Smoked Bacon
Assorted Muffins or Breakfast Pastries
Toast
Assorted Individual Cereals
Assortment of Honey, Preserves, Marmalades and Butter
@ \$21.00 per person

#### **Enhancements**

Coffee @ \$38.00 per gallon
Assorted Breakfast Pastries @ \$30.00 per Dozen
Assorted bagels with cream cheese @ \$36.00 per Dozen
Assorted fruit yogurt @ \$3.50 each
Fresh yogurt and granola parfait @ \$6.00 each
Fresh seasonal fruit cup @ \$5.00 each

### Lunch

Lunch is served with freshly brewed iced tea and ice water

### **Market Boxed Lunch**

Choice of 3

Sandwich or wrap:

Smoked turkey & Swiss

Smoked ham & cheddar

Chicken Caesar wrap

Buffalo chicken wrap

Roasted vegetables & hummus wrap

Potato chips

Fresh baked cookies

Fresh fruit or pasta salad

Aquafina water

Assorted soft drinks

\$18.00 per person

### **Market Deli Buffet**

Minimum of 10ppl

Mixed Green Salad with Garden Fresh Toppings

2 Dressings

Herb Pasta Salad

Fresh Seasonal Fruit Salad

Deli Platter to include:

Boar's Head Smoked Turkey

Boar's Head Ham

Boar's Head Salami

**Assorted Cheeses** 

Lettuce

Tomato

Thinly Sliced Red Onions

Assorted Breads & Spreads

Homemade Cookies

\$21.00 Per Person

Add Soup \$3 Per Person

# **Themed Lunch Buffet Tables**

# **Little Italy**

Minimum of 20ppl

Baked Ziti with your choice of meat sauce or Italian meat balls
Fettuccini Alfredo
House salad with choice of salad dressings
Garlic toast
Assorted baked cookies or brownies

\$22.00 per person

# **Southern BBQ**

Minimum of 20ppl
Barbecued Pulled Pork
Macaroni & Cheese
Baked beans
Coleslaw
Assorted Cookies or brownies
\$23.00 per person

#### **Mexican Taco Buffet**

Minimum of 20ppl

Hard or Soft Taco Shells
Ground Beef or Shredded Chicken
Refried Beans or Black Beans

Mexican Rice

Shredded Cheese

Shredded Lettuce

**Diced Onions** 

**Diced Tomatoes** 

Chopped Cilantro

Salsa

Sour Cream

Tortilla Chips

Dessert

Iced Tea

\$23.00 per person

# **Break Bites**

Prices below are based on 60 minutes of service time

# **Energizer**

Trail Mix Bars
Granola and Yogurt Parfaits
Fresh Fruit
Bottled Juices
Aquafina Water
\$11.00 per person

### **Build Your Own Parfait**

Vanilla Yogurt
Fresh berries
Granola
Dries fruit and nuts
Bottled juices
Aquafina water
\$12.00 per person

### **Sweet & Sassy**

Freshly popped popcorn
Assorted "childhood favorite: candy bars
Freshly baked cookies & brownie bites
Assorted chips
Assorted ice cream bars
\$14.00 per person

### Salty & Sweet

Individual assorted bags of pretzels
Chips
Popcorn
Assorted candy bars
Assorted granola bars
\$11.00 per person

# **Breaks On Consumption:**

Coffee, Decaf or Hot Tea @ \$38.00 per gallon
1 Gallon of Iced Tea @ \$35.00 per gallon
Aquafina Water @ \$3.50 each per consumption
Assorted Soft Drinks @ \$3.50 each per consumption
Red Bull @ \$4.00 each per consumption
Freshly baked cookies @ \$24.00 per dozen
Mixed nuts per half pound @ \$16.00
Assorted Candy Bars @ \$3.00 each
Assorted Bags of Chips @ \$3.00 each